

MALE SIZING CHART: GYMNASTICS COLLECTION



	4	6	YXS	YS	YM	YL	XS	S	M	L	XL	2XL
CHEST	22-25.5"	25.5-26.5"	26.5-28"	28-30.5"	30.5-32.5"	32.5-34"	33-35"	35-37"	37-40"	40-44"	44-48"	48-52"
WAIST	22-22.5"	23-24"	24-25"	25-26.5"	26.5-28"	28-29"	29-30"	30-32"	32-35"	35-39"	39-43"	43-47"
HIP	24.5-26"	26.5-28"	28-29.5"	29.5-31.5"	31.5-33"	33-34"	34-35"	35-37"	37-40"	40-44"	44-47"	47-50"
INSEAM	21-23"	23-25"	25-27"	27-29"	29-30"	30-31"	30-32"	30-32"	32-33"	32-33"	32-33"	32-33"

How to Measure:

Chest - Measure around the fullest part of the chest and back, keeping your arms at your sides and measuring tape level.

Waist - Measure around the narrowest part of the waist.

Hip - Measure around the fullest part of the hips, keeping your legs together and measuring tape level.

Girth - Measure from the center of the shoulder, down the torso, through the legs, and back to the shoulder. This is the most important measurement.