FEMALE SIZING CHART: GYMNASTICS COLLECTION



	4	6	YXS	YS	YM	YL	XS	S	M	L	XL	2XL
CHEST	21-23"	23-24"	24-26"	26-28"	28-30"	30-32"	32-33"	33-35"	35-38"	40-42"	42-44"	44-47"
WAIST	20-21"	21-22"	22-23"	23-24"	24-25"	25-26"	24-26"	26-28"	28-31"	31-33"	33-36"	36-39"
HIP	24-25"	25-27"	27-29"	29-31"	31-33"	33-35"	32-35"	35-38"	39-41"	41-44"	44-47"	47-51"
GIRTH	37-39"	40-43"	44-47"	48-51"	52-54"	55-56"	57-58"	59-60"	61-62"	63-64"	65-66"	67-68"
INSEAM	21-23"	23-24"	24-26"	26-28"	29-31"	30-32"	30-32"	31-33"	31-33"	31-33"	31-33"	31-33"

How to Measure:

Chest - Measure around the fullest part of the chest and back, keeping your arms at your sides and measuring tape level.

Waist - Measure around the narrowest part of the waist.

Hip - Measure around the fullest part of the hips, keeping your legs together and measuring tape level.

Girth - Measure from the center of the shoulder, down the torso, through the legs, and back to the shoulder. This is the most important measurement.